



TAFE NSW

# DIPLOMA OF FITNESS

COURSE CODE:

**SIS50215**

## WHY CHOOSE TAFE NSW?



**Opens career doors.** Our industry relationships lead many students directly into work with a range of employers including agencies, studios, galleries and fashion houses.



**Global prospects.** TAFE NSW graduates possess the technical knowledge, creative-thinking and specialised skills that are highly sought after by employers around the world.



**State-of-the-art facilities.** Purpose-built creative studios and industry standard software mean you will master the same tools of the trade as leading professionals.



**Industry exposure.** TAFE NSW partners with industry to provide you with hands-on experience through networking, sponsor programs, competitions, talks, lectures and other creative industry events.



**Recognised and respected.** TAFE NSW has built its reputation on delivering trusted, industry aligned and nationally recognised training for over 130 years.

**ENROL TODAY**  
**TAFENSW.EDU.AU**  
**131 601**

RT0 90003 | CRICOS 00591E | HEP PRV12049

**BE AMBITIOUS**

**COURSE CODE**

SIS50215

**QUALIFICATION**

Diploma of Fitness

**CAREER AREA**

Sport and Fitness

**TRAINING PACKAGE ENTRY REQUIREMENTS:**

Entry to this qualification is open to individuals who hold a current first aid and CPR certificate:

- Have achieved a Certificate IV in Fitness; and
- Have at least 1 year post qualification fitness industry experience in the application of the skills and knowledge of the Certificate IV in Fitness.

**OVERVIEW**

Ready to change the lives of your clients? The Diploma in Fitness is for fitness practitioners who want a fulfilling career in this health-conscious industry.

You will learn how to:

- Apply science based practice to exercise programs
- Apply anatomy and physiology to advanced personal training
- Implement injury prevention strategies
- Develop small business skills to help you run fitness business

Plus, our state-of-the-art fitness facilities will give you the practical experience you need in a gym environment.

Our Diploma of Fitness students go on to rewarding careers as a:

- Advanced Personal Trainer
- Fitness Services Coordinator
- Personal Training Manager

Ready to take your next step? Talk to our team today about your career in fitness.

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